

# *Crockpot Tomato Basil Pulled Chicken*

## ***Ingredients***

Olive oil

Boneless, skinless chicken breasts

Salt and pepper

Balsamic vinegar

Garlic

Tomatoes

Fresh basil

Optional balsamic reduction  
for serving

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## ***Directions***

1. Coat the bottom of your slow cooker with olive oil.
2. Add chicken, salt, pepper, balsamic vinegar, garlic, and tomatoes.
3. Cook on low for 4-6 hours.
4. Shred chicken.
5. Stir in basil.

Enjoy with pasta, salad, or roasted eggplant. (Slice eggplant into 1/4 inch coins, drizzle with olive oil, salt and pepper, and bake for 20 minutes at 350 degrees.)